

2017-2018

SOUTH HARRISON COMMUNITY SCHOOL CORPORATION

CORYDON CENTRAL

JUNIOR/SENIOR HIGH SCHOOL MENU

BREAKFAST MENU

All breakfasts include a choice of one entree, any two different fruits and a carton of non-fat or low-fat milk.
You MUST select at least one (1) serving of fruit with your meal.
 Daily Fruit may include a variety of: apples, bananas, oranges, grapes, melon cubes, strawberries, pineapple, pears, kiwi and peaches.

MEAL PRICING

STUDENT BREAKFAST	\$1.25
ADULT BREAKFAST	\$1.75
REDUCED BREAKFAST	\$0.30
STUDENT LUNCH	\$2.65
ADULT LUNCH	\$3.45
REDUCED LUNCH	\$0.40

A LA CARTE ITEMS

EXTRA ENTRÉE	\$1.50
EXTRA SIDE	\$0.50
EXTRA MILK	\$0.40
CANNED BEVERAGES	\$2.00
BOTTLED BEVERAGES	\$1.50
GRANOLA BARS, POPCORN, SLUSHY	\$1.00
ASSORTED CHIPS & SNACKS	\$0.50

WEEKS 1 & 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Sausage Biscuit Yogurt With Granola Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Pancake with Syrup & Sausage Warm Fruit Frudel Fruit Smoothie Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Chicken Biscuit & Country Gravy Muffin with GoGurt Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Breakfast Pizza Pop-Tart® Fruit Smoothie Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Cinnamon Roll Granola Bars or Bagel & Cream Cheese Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit
WEEKS 2 & 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Ham Egg & Cheese Breakfast Biscuit Yogurt with Granola Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> French Toast Sticks with Syrup & Sausage Warm Fruit Frudel Fruit Smoothie Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Sausage Biscuit with Country Gravy Muffin with GoGurt Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Breakfast Burrito Pop-tart Fruit Smoothie Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit 	<ul style="list-style-type: none"> Biscuits and Gravy Granola Bars or Bagel & Cream Cheese Kellogg's® Whole Grain Cereals 100% Fruit Juice & Fresh Fruit
GRAB N GO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Cereal GoGurt Fruit Milk 	<ul style="list-style-type: none"> Muffin GoGurt Fruit Milk 	<ul style="list-style-type: none"> Cereal Bar GoGurt Fruit Milk 	<ul style="list-style-type: none"> Pop-Tart® GoGurt Fruit Milk 	<ul style="list-style-type: none"> Nutri-Grain® Bar GoGurt Fruit Milk

LUNCH MENU

Daily Lunch Options: Fresh side salads, seasonal fresh fruit, seasonal fresh vegetables, assorted prepared salads.
All lunches include a choice of one to four different vegetables and/or fruits and a choice of a non-fat or low-fat milk. You MUST select at least one (1) serving of fruit or vegetables with your meal.
 Daily Fruit may include a variety of: apples, bananas, oranges, grapes, melon cubes, strawberries, pineapple, pears, kiwi and peaches.

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Breaded Chicken Sandwich Cheeseburger Potato Wedges Salisbury Steak with Mashed Potatoes Peas Chili Cheese Baked Potato Chili Strawberry Spinach Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Turkey Tetrazzini with Roll Garlic Cheese Flatbread Carrots Terriyaki Chicken with Rice Steamed Broccoli Spinach Queso Baked Potato Cream of Broccoli Soup Chicken Caesar Salad Turkey Pita & Honey Mustard Chicken Wrap 	<ul style="list-style-type: none"> Grilled Chicken Sandwich BBQ Sandwich Seasoned Fries Spaghetti & Meat Balls with Garlic Toast Green Beans Bacon Cheese Baked Potato Chicken Rice Soup Taco Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Chicken Nuggets French Bread Pizza Mashed Potatoes Burrito With Cheese Corn and Black Beans Chicken Potato Bowl Ham and Bean Soup Cobb Salad Sandw: Turkey Bacon or Egg Salad 	<p>Breakfast For Lunch!</p> <ul style="list-style-type: none"> Breakfast Pizza or Pancake or Biscuits & Gravy with Sausage Hash Brown Potatoes Tailored Subs or Wraps Broccoli Cheese Baked Loaded Potato Soup Chicken Taco Salad
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Breaded Chicken Sandwich BBQ Rib Sandwich Corn / Peas Beef Manhattan with Mashed Potatoes Chili Cheese Baked Potato Chicken Noodle Soup Summer Berry Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Cheeseburger Macaroni & Cheese with Roll Sweet & Sour Chicken with Rice Steamed Broccoli / Carrots Spinach Queso Baked Potato Corn Chowder / Calzone Chicken Caesar Salad Turkey Pita & Honey Must Chicken Wrap 	<ul style="list-style-type: none"> Hamburger Buffalo Chicken Sandwich Sweet Potato Fries Lazagna Roll Up/Meat Sauce Green Beans Bacon Cheese Baked Potato Creamy Tomato Soup Taco Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Chicken Tenders Stuffed Crust Pizza Mashed Potatoes Soft & Hard Shell Tacos Spanish Rice & Refried Beans Chicken Potato Bowl Black Bean Soup Cobb Salad Sandw: Turkey Bacon or Egg Salad 	<ul style="list-style-type: none"> Spicy Chicken Sandwich Corn Dog Onion Rings Tailored Subs or Wraps Broccoli Cheese Baked Potato Vegetable Soup Greek Chicken Salad
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Breaded Chicken Sandwich Bacon Cheeseburger Country Potatoes Build Your Own Breakfast Bowls Biscuit Chili Chili Cheese Baked Potato Strawberry Spinach Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Baked Ziti With Garlic Bread Bosco Cheese Sticks Carrots / Steamed Broccoli General Tso's Chicken w/Rice Spinach Queso Baked Potato Cream of Broccoli Soup Chicken Caesar Salad Turkey Pita & Honey Must Chicken Wrap 	<ul style="list-style-type: none"> BBQ Chicken Sandwich Ham and Cheese Sandwich Seasoned Fries Chicken Alfredo Green Beans Bacon Cheese Baked Potato Chicken Rice Soup Taco Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Chicken Sliders French Bread Pizza Mashed Potatoes Loaded Nachos Corn and Refried Beans Chicken Potato Bowl Ham and Bean Soup Cobb Salad Turkey Bacon Sandwich 	<ul style="list-style-type: none"> Buffalo Chicken Sub Filet of Fish Sandwich Waffle Fries Tailored Subs or Wraps Broccoli Cheese Baked Potato Loaded Potato Soup Chicken Taco Salad
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Breaded Chicken Sandwich Sloppy Joe Corn / Peas Country Fried Steak with Mashed Potatoes Chili Cheese Baked Potato Chicken Noodle Soup Summer Berry Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Macaroni & Cheese with Ham & Roll Calzone Orange Chicken with Rice Steamed Broccoli / Carrots Spinach Queso Baked Potato Corn Chowder Chicken Caesar Salad Turkey Pita & Honey Must Chicken Wrap 	<ul style="list-style-type: none"> Hamburger Corn Dog Nuggets Sweet Potato Fries Cheese Ravioli/Meat Sauce & Garlic Toast Green Beans Bacon Cheese Baked Potato Creamy Potato Soup Taco Salad Deli Sandwiches & Wraps 	<ul style="list-style-type: none"> Chicken Drumsticks Stuffed Crust Pizza Mashed Potatoes Enchiladas Spanish Rice & Black Beans Chicken Potato Bowl Black Bean Soup Cobb Salad Turkey Bacon Sandwich 	<ul style="list-style-type: none"> Spicy Chicken Sandwich Philly Cheesesteak Sandwich Onion Rings Tailored Subs or Wraps Broccoli Cheese Baked Potato Vegetable Soup Greek Chicken Salad
HARVEST PICKS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<ul style="list-style-type: none"> Broccoli & Cauliflower Fruit Pasta Salad w/ Veggies 	<ul style="list-style-type: none"> Celery & Peanut Butter Fruit Broccoli Salad Summer Fruit Salad 	<ul style="list-style-type: none"> Mixed Vegetables & Ranch Fruit Coleslaw 	<ul style="list-style-type: none"> Celery & Peanut Butter Fruit Cowboy Salad Pea Salad 	<ul style="list-style-type: none"> Grape Tomatoes Juice Box Fruit Potato Salad

SCHOOL MEAL CALENDAR

■ Week One Meal Plan	■ Week Two Meal Plan
■ Week Three Meal Plan	■ Week Four Meal Plan

August '17							September '17						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

October '17							November '17						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
										1	2	3	4
1	2	3	4	5	6	7	5	6	7	8	9	10	11
8	9	10	11	12	13	14	12	13	14	15	16	17	18
15	16	17	18	19	20	21	19	20	21	22	23	24	25
22	23	24	25	26	27	28	26	27	28	29	30		
29	30	31											

December '17							January '18						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1							
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30	31			
31													

February '18							March '18						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
4	5	6	7	8	9	10	4	5	6	7	8	9	10
11	12	13	14	15	16	17	11	12	13	14	15	16	17
18	19	20	21	22	23	24	18	19	20	21	22	23	24
25	26	27	28				25	26	27	28	29	30	31

April '18							May '18						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	6	7	8	9	10	11	12
8	9	10	11	12	13	14	13	14	15	16	17	18	19
15	16	17	18	19	20	21	20	21	22	23	24	25	26
22	23	24	25	26	27	28	27	28	29	30	31		
29	30												

June '18						
S	M	T	W	T	F	S
						1
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

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3 WAYS TO PAY FOR MEALS



PRE-PAYMENTS ONLINE

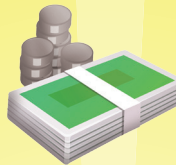
We are excited to offer EZSchoolPay.com, a service that offers you the convenience and information needed to manage your student's meal account. This system eliminates the need to send checks/cash to school or worry about lost or forgotten lunch money, and speeds up serving lines in the cafeteria. At no cost, EZSchoolPay allows any family to: create a free, secure account to manage their student's account, check student's current meal account balance, view student's purchasing history, create settings to receive e-mail notifications when the account reaches a low balance.

For a convenience fee of \$2.75, EZSchoolPay allows families to make a prepayment into their student's meal account using a credit card at EZSchoolPay.com. Payments can be made to one or more student account with one convenience fee. Funds deposited through EZSchoolPay are usually available for student use within an hour. Busy parents can also check account balances, review purchase history and make payments right from their iPad, iPhone or Android device. The app is available in the Apple App Store and the Google Play Store.



CHECK

Make checks payable to SHCSC and send/bring checks into the cafeteria. Include the student's name(s) and PIN number(s) on the check, and if splitting among multiple students, list the amount to post to each account.



CASH

Cash **MUST** be sealed in an envelope. Include the student's name(s) and PIN number(s) on the outside of the envelope, and if splitting among multiple students, list the amount to post to each account.

SOUTH HARRISON COMMUNITY SCHOOL CORPORATION CORYDON CENTRAL JUNIOR/SENIOR HIGH SCHOOL MENU

South Harrison Community
School Corporation
Mary Smith, Food Services Coordinator
375 Country Club Road
Corydon, IN 47112
(812) 738-4181 ext. 2427

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